NC STATE UNIVERSITY



December 2018

FRESH from the Garden

In the News: Bethelponics

Bethel ⊟ementary School in Midland, NC was featured in the December KidsGardening new sletter. Read about their Carton 2 Garden Contest project.

Maybe you'd like to enter the Carton 2 Garden Contest! Find more application details **here**; the deadline is March 25, 2019.



KidsGardening and Nutritower team up for giveaway

Amy has been drooling over the Nutritow er, a vertical hydroponics system designed for homeow ners, so also w ell-suited for school use. The trouble is, they're pretty pricey, and as a former classroom teacher, Amy knows that it will may be a tough sell as a garden compliment. In the same vein, she knows that it would be an awesome indoor gardening addition and would provide extended learning opportunities.

Click here to find out more, and to enter to win a Nutritower for your classroom!



Winter Maintenance



Public gardens have lots of winter maintenance tasks that revolve around night tours, some even featuring light shows. That may not be an ambition of the school garden, but there are some tasks at hand as we put our raised beds to rest for a couple of months and look ahead to preparations to get back in the garden in February.

First, clean out your beds of all plant material, weeds and crops that are spent, and put them in the compost bin. Of course, leave your straw berries in place, but clear away any weeds.

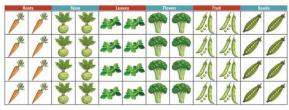
Next, carefully roll or fold up any frost blankets and store them in your garden shed. It is a good idea to put all the covers in some sort of container to keep them "clean" and to prevent damage from any tools that might snag or tear them. You can leave hoops up, as you will need them at the beginning of the season in February. Sand bags should be stored out of direct sunlight to prevent breakdown of the bags. Roll up hoses and store them in the garden shed. Drain the hoses before putting them aw ay to prevent any damage during a freeze event. If you plan to have students re-grid your beds in February, remove the string and nails now.

Now is a good time to take inventory of what you will need in February to get started. Need extra sand bags? You can buy 100 for under \$35. Do you have fertilizer on hand that will need to be applied 2-3 weeks before planting in February? You might find a sale on it this time of year. Are all of your irrigation supplies working properly? If not, replace now, so you aren't scrambling when you need them.



Planning for Your Spring Garden

With a break from the harvest, it's a great time to plan and schedule, especially if you plan to start your own transplants. How many kohlrabi, broccoli, Swiss chard, etc., will you need for your garden? (Remember, the school year coordinates best with cool



season crops. Unless you are able to manage the garden over the summer, w arm season crops such as tomatoes, peppers and melons are not a good fit.) Once you know how many plants you need, you can plan to grow some of them under your light banks starting the first week in January. Yes, January! Gardening is a w inter activity as well, that starts indoors. Many teachers have found out how much their students love to come to class to see how much their seedlings have grown since the previous day. Could a writing assignment accompany these daily visits to the light bank?

Be sure you have seeds, soil, flats, inserts, humidity domes and labels before Winter Break so that you are ready to go when you return to school in January. If you plan to plant pollinators in or near your raised beds now is a good time to get some of those plants started as well. Consider trying coneflower, Stokes aster or bee balm, which are all spring bloomers. Chase away those winter blues by nurturing the first signs of spring right in your classroom.

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Questions? Contact us!

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